October 2026 Monthly Glance

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Adulting: Sweet N' Simple **0900-1100** Elevate **1645-1730**	2	3
4	5	6 Pre-Separation Counseling **1300-1630** Pre-Deployment PFR Brief **1400-1500**	7	8 Your Resume, Your Future **0900-1100**	9 	10
11	12 	13 Moving Out of the Dorms **1400-1600**  Pre-Arrival Orientation **1400-1530**	14 DOL Employment Track **0800-1600**	15	16	17
18	19	20 Pre-Separation Counseling **0800-1130** 	21 Newcomer Orientation **0745-1335** 	22 Sponsorship Training **0900-1100** **1100-1230**	23 EFMP 101 **1100-1200**	24
25	26 3 Day TAP Workshop **0800-1600**	27	28	29 Heart Link **0900-1500**	30 	31

Military & Family Readiness Center
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Workshop	Description
****Registration required by contacting the M&FRC****	
3—Day TAP Workshop	This workshop is designed to help military service members transition from active duty to civilian life. It provides a variety of workshops to help service members successfully navigate their transition. The first three days of the workshops are mandatory for everyone.** Day 1 : Managing Your Transition, MOC Crosswalk, Finances for Transition Day 2: VA Benefits and Services Day 3: DoL Employment Fundamentals and Career Track (EFCT)
Adulting: Sweet N' Simple	Your friendly starter pack for life on your own! Perfect for college students, first-jobbers, and young Airmen settling into the dorms or their first apartment. This class makes adulting sweet and simple with fun, stress-free hacks for money, food, and everyday life. Let's build your confidence together!
Crushing Debt	Take charge of your financial future with the "Crushing Debt" course at the Military & Family Readiness Center! This empowering course is designed to help you and your family eliminate debt.
DOL Employment Track	This workshop focuses on identifying key skills, increasing awareness of training and credentialing programs, and helping participants develop a strategic action plan to achieve their career goals.
EFMP 101	This orientation is designed for new enrollees or anyone seeking a deeper understanding of the Exceptional Family Member Program (EFMP). **
Elevate	During our 12-hour program, you and your partner will engage in fun activities with other couples and learn skills you can use to: - Better manage stress - Strengthen your connection with each other - Deal with differences in healthy ways - "Elevate" the quality of your relationships - $160 Incentive for Air Force and Space Force active-duty members who complete the classes
Heart Link	Experience a full day of fun & activities while learning how the Air Force works and your role in fulfilling the Air Force mission.**
Moving Out of the Dorms	This program provides dorm residents information on the financial changes that may occur when moving out of the dorm. A budget is created for those attendees that are mandated to provide their First Shirts for approval to moving out. **
Newcomer Orientation	Representatives from various base agencies will provide helpful briefings to assist military personnel and their families in adjusting to life at Robins AFB, GA. This event is designed to offer valuable information about military and community resources, helping you navigate both base life and the local culture.**
Pre-Arrival Orientation (Via Microsoft Teams)	This live virtual workshop is primarily geared towards pre-arrival information related to your local installation and the surrounding community. With an added bonus – you get to interact with your new community SMEs prior to your arrival.**
Pre-Deployment PFR Brief	This course helps you organize resources, manage income changes, and align your spending with short- and long-term goals. Can be completed up to 60 days prior to deployment and mandatory for deployments of 30+ days.
Pre-Separation Counseling	As the second step in the transition process, Pre-Separation Counseling provides a high-level overview of available benefits, services, and resources that service members and their families may be authorized. This should be completed 14-24 months prior to the official DOS/DOR.**
Sponsorship Training	Unit identified sponsors will be trained and given inclusive resources to help newcomers settle into their new duty station. This training will help you build relationships that will promote a smooth start for incoming members and their families. Get tips to being a successful sponsor—be the best you can be—make an impression on your new teammate.**
Your Resume, Your Future	Workshop designed to assist with basic resume writing skills.**